

Information For the Use

Melatonin 10 mg, Vitamin C 55 mg, Energy Value 9.57 kcal, Protein 0.07gm, Saturated fat 0.10gm, trans fat 0.10gm, Carbohydrate 2.33gm

Multibolt Z Gummies

Melatonin 10 mg + Vitamin C 55 mg Gummies

Promote Relaxation, Sleep, and Immunity with a Tasty Gummy

Description

Melatonin 10 mg + Vitamin C 55 mg Gummies are designed to provide a natural and effective solution for promoting better **sleep** and boosting your **immune system**. These gummies offer a unique combination of **melatonin**, a hormone that supports restful sleep, and **Vitamin C**, a powerful antioxidant that enhances immunity and protects against oxidative stress.

These gummies are a convenient and tasty way to supplement your daily health regimen, offering a balance of essential nutrients to help you feel your best.

Key Ingredients and Benefits

- **Melatonin (10 mg):**
 - **Melatonin** is a naturally occurring hormone in the body that regulates the sleep-wake cycle. Supplementing with melatonin helps improve **sleep quality**, reduce **sleep onset time**, and support **relaxation**, especially for individuals experiencing occasional sleeplessness due to stress or time zone changes.
 - It is ideal for those needing help falling asleep or managing jet lag.
- **Vitamin C (55 mg):**
 - **Vitamin C** is a well-known **immune booster** and **antioxidant**. It helps fight free radicals, supports **skin health**, promotes **collagen production**, and strengthens the immune system to prevent illness.

- Additionally, Vitamin C enhances the absorption of iron from plant-based foods, supports **wound healing**, and contributes to overall health and vitality.

Nutritional Value

Each gummy provides the following nutrients to support your health:

- **Energy Value:** 9.57 kcal
- **Protein:** 0.07 g
- **Saturated Fat:** 0.10 g
- **Trans Fat:** 0.10 g
- **Carbohydrates:** 2.33 g

This formulation provides a low-calorie, nutrient-rich option to supplement your diet without adding unnecessary sugars or fats.

Why Choose Our Melatonin & Vitamin C Gummies?

- **Helps Improve Sleep Quality:**

The **10 mg of Melatonin** in each gummy helps regulate your body's sleep-wake cycle, making it easier to fall asleep and stay asleep, resulting in a more **restful night**.
- **Supports Immunity:**

With **55 mg of Vitamin C**, these gummies provide a significant dose of a potent **antioxidant** to boost your immune system and help your body fight off infections.
- **Convenient and Tasty:**

These gummies are easy to take and delicious, making them a great choice for those who struggle with pills or capsules. They provide a pleasant, natural solution for sleep and immune support.
- **Low in Calories and Fat:**

With only **9.57 kcal per gummy**, and

negligible fat content, these gummies are a healthy and balanced addition to your daily routine.

- **Non-GMO and Gluten-Free:**

We ensure that our gummies are **free from gluten and GMOs**, so you can feel confident in choosing a product that supports your wellness without added artificial ingredients.

Suggested Use

- Take **1 gummy** daily, **30 minutes before bedtime** for best results.
 - For immune support, you may take **1 gummy daily** at any time of day, preferably with a meal.
 - Chew thoroughly before swallowing for maximum absorption.
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Storage

- Store in a **cool, dry place** at room temperature.
 - Keep out of reach of children.
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Precautions

- **Consult your doctor** if you are pregnant, breastfeeding, have a medical condition, or are taking other medications before using this product.
 - Not recommended for individuals who are **under 18 years of age**.
 - Do not exceed the recommended dosage.
 - Avoid using if you have a **melatonin sensitivity** or a **history of sleep disorders** without consulting a healthcare professional.
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Disclaimer

This product is a dietary supplement and is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary. Always follow

the recommended dosage and consult with a healthcare professional for personalized advice.

Melatonin 10 mg + Vitamin C 55 mg Gummies
— A Delicious Way to Rest, Rejuvenate, and Strengthen Your Immune System!

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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